

axis MAGAZINE

BISHOP'S STORTFORD SAWBRIDGEWORTH STANSTED & HARLOW
MAY 2009



WIN A MEAL FOR FOUR AT THE LEMON TREE
THE BEST ARTS & EVENTS IN OUR WHAT'S ON GUIDE
THINK LOCAL FIRST: BACK OUR SHOPPING CAMPAIGN
HAVE YOU CONSIDERED BECOMING A FOSTER CARER?

A Chelsea garden to inspire us all

It's the Chelsea Flower Show this month, an event that remains the must-attend gardening festival for anyone remotely interested in the subject.

Hatfield Heath-based Pat Fox of Aralia Garden Design will have her first garden at this year's show.

And although small courtyard gardens have been a regular feature of the ever-popular show for many years, never before has there been one like this!

Named Freshly Prepped, Pat has built a courtyard kitchen garden complete with a living wall. Her garden will be planted up with only edible plants, meaning absolutely every plant can be eaten. The concept involves seeing the garden as an extension of the kitchen – somewhere to whip up a cocktail, a salad, a sandwich or smoothie using the freshest possible ingredients picked straight from the garden.

Everything in the garden is bespoke and many other local businesses have contributed towards Pat's garden.

You will find the Freshly Prepped garden at Ranelagh Gardens RM/15 at the Chelsea Flower Show, which runs from Tuesday 19th



A dish whipped up with ingredients available in Pat's Freshly Prepped courtyard garden

to Saturday 23rd May. To buy tickets go to www.rhs.org.uk or call 0844 209 1810. The first two days are for RHS members only and cost £48 for the day; with reduced prices for time-restricted admission later in the day.

Members' prices for the other three days are £32. General public admission is on the last three days only and costs £43 for the day, with lower rates for time-restricted entry on the Thursday and Friday only.



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